

ST1010 – Economy Stopwatch

Operating Instructions

Setting the Time:

- 1 Press and release the 'Mode' button until the time displays with the seconds flashing (the 3rd day will also flash)
- 2 Zero the seconds by pressing the 'Start/Stop' button
- 3 Adjust the time using the 'Start/Stop' button, and the 'Lap/Reset' button to cycle to the next option.
- 4 When cycling through the hours a small 'A' or 'P' will flash on the left hand side of the display. 'A' indicates AM, 'P' indicates PM. If there is no letter displayed the watch is in the 24-hour display. Simply cycle through, using the 'Start/Stop' button to choose 24-hour or AM/PM.
- 5 Once all options(seconds, minutes, hours, date, month and day) have been adjusted and cycled through press the 'Mode' button to set the time

Stopwatch Mode:

- 1 Press the 'Mode' button until the Stopwatch mode is displayed (the 1st day and the last 2 days will flash)
- 2 Press the 'Start/Stop' button to start the Stopwatch
- 3 For an intermediate time press the 'Lap/Reset' button. Press the 'Lap/Reset' button again to return to time keeping
- 4 Press the 'Start/Stop' button to pause the Stopwatch
- 5 Press the 'Start/Stop' button to return to time keeping or press the 'Lap/Reset' button to zero the timer

Setting the Alarm:

- 1 Press and release the 'Mode' button until the alarm option flashes (the 2nd day will also flash)
- 2 Press the 'Start/Stop' button to change the hour. The 'A' beside the time refers to 'AM' the 'P' refers to 'PM'
Press the 'Lap/Reset' button to advance to the minutes
- 3 Repeat step 2 to change the minutes
- 4 Press the 'Mode' button to set the alarm
- 5 The alarm is on when a small clock is displayed on the right of the screen
- 6 To turn on/off the alarm press the 'Start/Stop' button and the 'Lap/Reset' button at the same time.