ST1003 - Leeda Professional Stopwatch

Operating Instructions

Setting the Time:

1   Press the 'Mode' button until the year, date and time is displayed
2   Press and hold the 'Split/Reset' button until the year flashes
3   Press the 'Start/Stop' button to advance the year
4   Press the 'Split/Reset' button to move to the date
5   Repeat the steps to change the date, 12/24-hour option, hours, minutes and seconds
6   Press the 'Mode' button to confirm the settings
7   NB The day and date will adjust automatically for each moth and leap years

Stopwatch Mode:

1   Press the 'Mode' button until the Stopwatch mode is set
2   In Time/Calendar mode, press the "mode" button to switch to stopwatch mode.
3   Before you start the stopwatch ensure it has been zeroed by pressing the Split/reset button.
4   Start the stopwatch by pressing the start/stop button
5   Pressing the split/reset button will record the lap/split time
6   Lap Time refers to a elapsed time required to cover a given section of the whole distance
7   Split Time refers to an elapsed time required to cover a distance from the start to a given point.
8   The first row of the display will show the Split time as well as the lap completed. (top left hand corner)
9   The first row of the display will show the Split time as well as the lap completed. (top left hand corner)
10 The bottom row shows the total time elapsed.
11 Press the start/stop button to finish the timing

Recall:

1   Press the recall button to go through the recorded time data (both lap and split) of every lap.
2   Whenever the RECALL icon appears, you can press the Start/Stop button to display the average lap time, and press the Split/Reset button to recall the fastest lap time, and press it again to recall the slowest lap time.
3   Press the Mode button to return to the stopwatch screen. To resume the stopwatch press the Start/Stop button, or you can clear the record by pressing the Split/Reset key.

Countdown :

1. In the time mode press the mode button twice, to enter the timer mode. The TR symbol will appear on the upper left corner.

2. You can set the countdown time by pressing the Split/Reset button and holding it for 2 seconds, the hour numeral will flash to advance the hour numerals press the Start/Stop button, to move on to the minutes press the Split/reset button and repeat to move to the seconds.

3. After setting press the mode button to confirm the setting. Your target countdown will be shown in the middle line and bottom line of the display.

4. Press the start/stop button to start, and press it again to stop/pause and press again to resume. When the timer reaches zero there is an audio "beep" signal and the timer will start counting down again. The number of countdowns completed is displayed on the top line.

5. To stop the countdowns press the Start/Stop button. Pressing the Split/reset button wipes the memory and resets the set countdown time. Then hold down the Split /reset button for 2 seconds puts you back to reset mode. Pressing the mode button moves you on to the Pacer function saving the countdown cleared.

Pacer Function:

1. In time mode press the mode button three times to enter the Pacer mode.
2. Pace will display on the top row. The digits in the lower right corner will be flashing "10"
3. Press the Split/Reset button to advance the frequency.
4. Press the Start/Stop button to start the pacer.
5. If you choose 120, there will be 120 "beep" sounds per minute.
6. The Pace will be flashing on the upper row, the counted value of beeps will be shown on the middle row and the frequency will be displayed on the bottom row.
7. Press the start/stop button to stop or pause the pacer. Then pressing the split/reset button will clear the beep count.
8. Pressing the mode button advances the display to the time display and wipes the memory of the pacer.