

ST1002 - Leeda Professional Stopwatch

Operating Instructions

Setting the Time:

- 1 Press the 'Mode' button for 3 seconds until the alarm setting is displayed then press the 'Mode' button again to commence setting the time
- 2 Press the 'Lap/Rest' button to zero the seconds
- 3 Press the 'Start/Stop' to advance to the minutes. Press the 'Lap/Reset' button to change the minutes. (If you hold the 'Lap/Reset' button down it will advance faster).
- 4 Once the minutes are correct, press the 'Start/Stop' button to progress to the hours. Use the same procedure to set the correct hour, month, date and day
- 5 To complete the set-up press the 'Mode' button
- 6 To change the time mode from 12 to 24-hour hold the 'Start/Stop' button down and press the 'Mode' button. To change the date mode from English to American hold the 'Mode' button and press the 'Lap/Reset' button

Setting the Alarm:

- 1 Hold the 'Mode' button for 3 seconds to enter the alarm setting mode
- 2 Press the 'Lap/reset' button to change the hour
- 3 Press the 'Start/Stop' button to advance to the minutes. Repeat step 2 to change the minutes
- 4 Press the 'Mode' button to lock in the time

Turning on/off the Alarm:

- 1 While in the time mode press and hold the 'Lap/Reset' button and then press the 'Start/Stop' button at the same time. You will hear a short beep.
- 2 The alarm is on when there is a small alarm icon in the top right of the LCD screen. Repeat step 1 to turn the alarm off.

Stopwatch Mode:

- 1 The ST1002 can count up to 24-hours
- 2 Press the 'Normal Time/Stop Watch' button to enter the stopwatch mode
- 3 Press the 'Start/Stop' button to start the Stopwatch
- 4 While the stopwatch is active press the 'Lap/Reset' button to freeze the time displayed. Despite being frozen, the stopwatch is still counting, press the 'Lap/Reset' button again to see the lapsed time
- 5 To pause the stopwatch press the 'Start/Stop' button
- 6 To zero the stopwatch press the 'Lap/reset' button while the stopwatch is paused